

GRADUATE CERTIFICATE IN INTEGRATIVE NUTRITION AND LIFESTYLE MEDICINE

The graduate certificate in integrative nutrition and lifestyle medicine program takes an integrative medicine approach to healthcare with an emphasis on the role of diet and nutrition. Through integrated nutrition counseling, skills for which demand is rapidly increasing, graduates can help patients at any age improve their quality of life while empowering them to avoid or manage chronic diseases such as type 2 diabetes, obesity, and heart disease.

Visit the program website (<https://integrativemedicine.smhs.gwu.edu/>) for additional information.

ADMISSIONS

Admission deadlines: Fall - August 6

Spring - December 6

Standardized test scores: Not required

Recommendations: Two (2) recommendations required:

Prior academic records: Transcripts required from all colleges and universities attended, whether or not credit was earned, the program was completed, or the credit appears as transfer credit on another transcript. Transcripts must be forwarded in their original sealed envelopes.

If academic records are in a language other than English, a certified English language translation must be provided in addition to the original transcripts; translations alone will not be accepted.

Official transcripts from institutions outside the U.S. must be accompanied by an official transcript evaluation from an accredited independent evaluating agency. Please be sure you request a detailed evaluation that includes all course titles, credit hours, grades, U.S. degree equivalency, grade-point averages (GPA), and date of degree conferral. Please see the list of acceptable foreign credential evaluation services (<https://www.naces.org/members/>).

Statement of purpose: Applicants must include a 400–600 word essay describing your reasons for undertaking study at GW, your academic objectives, career goals, and related qualifications including collegiate, professional, and community activities relevant to your program of interest. Include any substantial accomplishments not already mentioned on the application form. Also, explain how you plan to balance your day-to-day responsibilities with the responsibilities of being a graduate student with reading and writing assignments as well as other projects that typically have weekly deadlines for each course.

Additional requirements: 3 credit hours of Biochemistry and 3 credit hours of Anatomy or Anatomy / Physiology. A medical degree or graduate degree in one of the core discipline areas is preferred.

Degree and GPA Requirement: A bachelor's degree with a 3.0 GPA or above on a 4.0 scale.

International applicants: PLEASE NOTE that the Health Sciences programs require the following minimum English language test scores for admission:

- Academic IETLS: an overall band score of 7.0 with no individual band score below 6.0; or

- TOEFL: 600 on paper-based or 100 on Internet-based; or

- Academic PTE: 68

Supporting documents not submitted online should be mailed to:

George Washington University

ATTN: Transcript Processing Center
1415 W 22nd St.
Suite 220
Oak Brook, IL 60523

Alternatively, official electronic transcripts can be sent to transcripts@hsprograms.gwu.edu.

Contact for questions:

hsphora@gwu.edu
202-994-0384 (phone)
202-994-0870 (fax)
Hours: 9 am to 5 pm, Monday through Friday

REQUIREMENTS

The following requirements must be fulfilled: 15 credits in required courses.

Code	Title	Credits
Required Courses:		
INTM 6101	Nutrition I: Assessment, Diagnosis, and Intervention	
INTM 6102	Nutrition II: Life Cycle	
INTM 6105	Advanced Nutrition: Biochemistry	
INTM 6111	Topics in Nutrition	
INTM 6200	Foundations of Integrative Medicine Research	
INTM 6201	Foundations in Integrative Medicine	