

GRADUATE CERTIFICATE IN INTEGRATIVE NUTRITION AND LIFESTYLE MEDICINE

The graduate certificate in integrative nutrition and lifestyle medicine program takes an integrative medicine approach to healthcare with an emphasis on the role of diet and nutrition. Through integrated nutrition counseling, skills for which demand is rapidly increasing, graduates can help patients at any age improve their quality of life while empowering them to avoid or manage chronic diseases such as type 2 diabetes, obesity, and heart disease.

REQUIREMENTS

The following requirements must be fulfilled: 15 credits in required courses.

Code	Title	Credits
Required Courses:		
INTM 6101	Nutrition I: Assessment, Diagnosis, and Intervention	
INTM 6102	Nutrition II: Life Cycle	
INTM 6105	Advanced Nutrition: Biochemistry	
INTM 6111	Topics in Nutrition	
INTM 6200	Foundations of Integrative Medicine Research	
INTM 6201	Foundations in Integrative Medicine	