

MINOR IN EXERCISE SCIENCE

The minor in exercise science is offered through the Department of Exercise and Nutrition Sciences. Students completing the minor gain proficiency in exercise science, human anatomy, exercise physiology, and more. In addition, students fulfill the academic prerequisites for entry to the Milken Institute School of Public Health master of science program in exercise science. The minor provides a strong foundation in exercise science in preparation for enrollment in professional schools for study in medicine, physical therapy, nursing, physician assistant, public health programs, and other graduate study.

ADMISSIONS

Information on the admission process is available on the Office of Undergraduate Admissions website (<https://undergraduate.admissions.gwu.edu/>). Applications may be submitted via the Common Application (<https://go.gwu.edu/commonapp/>).

Supporting documents not submitted online should be mailed to:

Office of Undergraduate Admissions
The George Washington University
800 21st Street NW, Suite 100
Washington, DC 20052

Contact for questions:
gwadm@gwu.edu or 202-994-6040

REQUIREMENTS

Program Director: B. Westerman

The following requirements must be fulfilled: 18 to 21 credits, including 13 credits in required courses and at least 5 credits in elective courses.

Code	Title	Credits
Required		
EXNS 1103	Professional Foundations in Exercise Science	
EXNS 1110	Applied Anatomy and Physiology I	
EXNS 1111	Applied Anatomy and Physiology II	
EXNS 2111	Exercise Physiology I	
Electives		
Two courses selected from the following for a combined minimum of 5 credits:		
EXNS 2110	Injury Prevention and Control	
EXNS 2112	Exercise Physiology II	

EXNS 2113	Kinesiology
EXNS 2116	Exercise and Health Psychology
EXNS 2118	Sport and Nutrition
EXNS 2119	Introduction to Nutrition Science
EXNS 3110	Field Experience - Exercise and Nutrition Sciences

Note: Students in the BS in exercise science program (all tracks) are not eligible to declare a minor in exercise science.