

# MINOR IN NUTRITION

The School of Public Health offers a minor in nutrition science through the Department of Exercise and Nutrition Sciences. Students completing the 18-credit minor gather knowledge and skills in nutrient function and metabolism, dietary sources of nutrients, and the role of nutrients throughout the lifecycle.

## ADMISSIONS

Information on the admission process is available on the Office of Undergraduate Admissions website (<https://undergraduate.admissions.gwu.edu/>). Applications may be submitted via the Common Application (<https://go.gwu.edu/commonapp/>).

Supporting documents not submitted online should be mailed to:

Office of Undergraduate Admissions  
The George Washington University  
800 21st Street NW, Suite 100  
Washington, DC 20052

Contact for questions:  
[gwadm@gwu.edu](mailto:gwadm@gwu.edu) or 202-994-6040

## REQUIREMENTS

The minor in nutrition requires a total of 18 credits consisting of 9 credits from required courses and 9 credits from courses selected from a pre-approved list of courses.

Code	Title	Credits
<b>Required</b>		
EXNS 2119	Introduction to Nutrition Science	
EXNS 2122	Food Systems in Public Health <sup>1</sup>	
or EXNS 2126W	International Nutrition	
or EXNS 4199	Advanced Topics in Exercise and Nutrition Sciences	
EXNS 2124	Lifecycle Nutrition	
Three of the following:		
EXNS 1114	Community Nutrition	
EXNS 1118		
EXNS 2120	Assessment of Nutritional Status	
EXNS 2122	Food Systems in Public Health <sup>2</sup>	
EXNS 2123	Nutrition and Chronic Disease	
EXNS 2126W	International Nutrition <sup>2</sup>	

EXNS 2127	Introduction to Food Policy
EXNS 3111W	Exercise and Nutrition Sciences Research Methods
GEOG 2133	People, Land, and Food
EXNS 4199	Advanced Topics in Exercise and Nutrition Sciences (Metabolism in Exercise & Nutrition Sciences ONLY) <sup>1,2</sup>

<sup>1</sup> EXNS 4199 applies to Metabolism in Exercise & Nutrition Science ONLY.

<sup>2</sup> The same course cannot count to meet both required and selective requirements.