BACHELOR OF SCIENCE WITH A MAJOR IN EXERCISE SCIENCE, PRE-ATHLETIC TRAINING/SPORTS MEDICINE CONCENTRATION

Program Director: B. Westerman

The bachelor of science in exercise science with pre-athletic training/sports medicine concentration program offers students the chance to acquire knowledge and skills in the scientific basis of the benefits of regular physical activity and proper nutrition to sports medicine and athletic training. The pre-athletic training/sports medicine program trains students in the science and practice of exercise, physical activity, and health in the greater context of public health by developing critical thinking skills and fostering lifelong learning.

Visit the program website (https://publichealth.gwu.edu/programs/exercise-science-bs/) for additional information.

ADMISSIONS

Information on the admission process is available on the Office of Undergraduate Admissions website (https://undergraduate.admissions.gwu.edu/). Applications may be submitted via the Common Application (https://go.gwu.edu/commonapp/).

Supporting documents not submitted online should be mailed to:

Office of Undergraduate Admissions
The George Washington University
800 21st Street NW, Suite 100
Washington, DC 20052

Contact for questions:
gwadm@gwu.edu or 202-994-6040

REQUIREMENTS

The following requirements must be fulfilled: 124 total credits, including 26 credits in University General Education Requirements, 39 additional credits in core exercise science requirements, 25 credits in required concentration coursework, 16 credits in approved guided elective courses, and 18 credits in additional general electives.

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<th>Code</th>
<th>Title</th>
<th>Credits</th>
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<tbody>
<tr>
<td>UW 1020</td>
<td>University Writing</td>
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<tr>
<td>or HONR 1015</td>
<td>Honors Seminar: UW 1020: Origins and Evolution of Modern Thought</td>
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6 credits taken in at least two writing in the disciplines (WID) courses in two or more separate semesters.

Information about approved courses can be found under University General Education Requirement (http://bulletin.gwu.edu/university-regulations/general-education/).
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**Concentration requirements**

- 25 credits in required concentration-specific courses
- EXNS 2110  Injury Prevention and Control
- EXNS 2121  Orthopedic Taping and Bracing
- EXNS 3117  Injury Assessment
- EXNS 3118  Therapeutic Modalities in Sports Medicine
- EXNS 3119  Therapeutic Exercise in Sports Medicine
- EXNS 3121  Medical Issues in Sports Medicine
- EXNS 3123W Psychology of Injury and Rehabilitation
- EXNS 3125  Athletic Training Practicum

**Electives**

- 34 total credits in elective courses, including 16 credits in guided electives selected in consultation with the advisor and 18 credits in general electives. **

Note: No more than 3 credits of Lifestyle, Sport, and Physical Activity (LSPA) courses may count toward the 124 credits required for the bachelor’s degree.

** See list of preapproved guided electives for the BS with a major in exercise science program (http://bulletin.gwu.edu/public-health/exercise-science/bs/#requirementstext).