**BACHELOR OF SCIENCE WITH A MAJOR IN EXERCISE SCIENCE, PRE-ATHLETIC TRAINING/SPORTS MEDICINE CONCENTRATION**

Program Director: M. Barberio

The bachelor of science in exercise science with pre-athletic training/sports medicine concentration program offers students the chance to acquire knowledge and skills in the scientific basis of the benefits of regular physical activity and proper nutrition to sports medicine and athletic training. The pre-athletic training/sports medicine program trains students in the science and practice of exercise, physical activity, and health in the greater context of public health by developing critical thinking skills and fostering lifelong learning.

Visit the program website (https://publichealth.gwu.edu/programs/exercise-science-bs/) for additional information.

**ADMISSIONS**

Information on the admission process is available on the Office of Undergraduate Admissions website (https://undergraduate.admissions.gwu.edu/). Applications may be submitted via the Common Application (https://go.gwu.edu/commonapp/).

Supporting documents not submitted online should be mailed to:

Office of Undergraduate Admissions
The George Washington University
800 21st Street NW, Suite 100
Washington, DC 20052

Contact for questions: gwadm@gwu.edu or 202-994-6040

**REQUIREMENTS**

The following requirements must be fulfilled: 124 total credits, including 26 credits in University General Education requirement coursework, 39 credits in core courses, 25 credits in concentration-specific courses, 16 credits in approved guided elective courses, and 18 credits in general elective courses.

Students must maintain a minimum grade-point average of 2.5 in the program’s core and University General Education courses with a minimum grade of C- in each course.

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<th>Code</th>
<th>Title</th>
<th>Credits</th>
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<td><strong>University General Education Requirement</strong></td>
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<td>One course in critical thinking in the humanities.</td>
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The ANTH, BISC, COMM, and STAT courses above meet University General Education requirements; however, while required, they do not count toward the required 39 credits in exercise science core courses. PUBH 2142 does not count toward the General Education requirement, but it does count as an exercise science guided elective course.

**Code** | **Title** | **Credits**
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**Concentration requirements**

**Required**

CHEM 1111  General Chemistry I
EXNS 1113  Medical Terminology
EXNS 3123W  Psychology of Injury and Rehabilitation
EXNS 3125  Athletic Training Practicum
PHYS 1011  General Physics I

**Selective courses**

Two or three courses (6 to 8 credits) selected from the following:

CHEM 1112  General Chemistry II
EXNS 2110  Injury Prevention and Control
EXNS 2121  Orthopedic Taping and Bracing
EXNS 3117  Injury Assessment
EXNS 3328  Scientific Principles of Strength and Conditioning

Note: No more than 3 credits in Lifestyle, Sport, and Physical Activity (LSPA) courses may count toward the 124 credits required for the bachelor's degree.

The list of preapproved guided electives is available on the BS with a major in exercise science program (http://bulletin.gwu.edu/public-health/exercise-science/bs/#requirementstext) page.