The mission of GW's nutrition program is to provide undergraduate students with an in-depth understanding of the scientific aspects of food and nutrition and the application of nutrition to public health. As a multi-faceted and cross-disciplinary field, encompassing chemistry, biology, physiology, psychology, and public health, the program lays the groundwork for integrating nutrition science across disciplines. Once they complete the program, students are well-prepared to develop, extend, and apply all aspects of nutrition to improve clinical practice and public health. Program graduates are employed in a variety of settings, including federal government agencies such as the USDA and FDA, nonprofit organizations, and advocacy groups, while others choose to pursue advanced degrees in the health sciences, dietetics, and/or public health.

Students in the nutrition program may select the applied nutrition concentration, which is designed for those interested in the application of nutrition to public health and is well-suited to students with interests in nutrition policy, health promotion, nutritional epidemiology and the role of the food system in influencing dietary and health outcomes.

Visit the program website (https://publichealth.gwu.edu/content/nutrition-science-bs/) for additional information.

**ADMISSIONS**

Information on the admission process is available on the Office of Undergraduate Admissions website (https://undergraduate.admissions.gwu.edu/). Applications may be submitted via the Common Application (https://go.gwu.edu/commonapp/).

Supporting documents not submitted online should be mailed to:

Office of Undergraduate Admissions  
The George Washington University  
800 21st Street NW, Suite 100  
Washington, DC 20052

Contact for questions: gwadm@gwu.edu or 202-994-6040

**REQUIREMENTS**

The following requirements must be fulfilled: 120 credits, including 26 credits in courses counting toward the University General Education Requirement, 34 credits in core nutrition courses, 18 credits in concentration-specific courses, 18 credits in approved guided elective courses, and 24 credits in general elective courses.
## Concentration requirement

18 credits in required concentration-specific courses.

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>EXNS 1114</td>
<td>Community Nutrition</td>
<td></td>
</tr>
<tr>
<td>EXNS 2122</td>
<td>Food Systems in Public Health</td>
<td></td>
</tr>
<tr>
<td>EXNS 2126W</td>
<td>International Nutrition</td>
<td></td>
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<tr>
<td>EXNS 2127</td>
<td>Introduction to Food Policy</td>
<td></td>
</tr>
<tr>
<td>PUBH 2112</td>
<td>Principles of Health Education and Health Promotion</td>
<td></td>
</tr>
<tr>
<td>PUBH 3131</td>
<td>Epidemiology</td>
<td></td>
</tr>
</tbody>
</table>

## Electives

42 total credits in elective courses, including 18 credits in nutrition guided electives, selected in consultation with the advisor, and 24 credits in general elective courses. See the list of pre-approved guided electives for the BS in nutrition program requirements page. **

No more than 3 credits in Lifestyle, Sport, and Physical Activity (LSPA) courses may be counted toward the 120 credits required for the bachelor’s degree. LSPA courses count as general electives.

**See list of pre-approved guided electives ([https://bulletin.gwu.edu/public-health/exercise-science/bs-nutrition/](https://bulletin.gwu.edu/public-health/exercise-science/bs-nutrition/)).