GRADUATE CERTIFICATE IN INTEGRATIVE NUTRITION AND LIFESTYLE MEDICINE

The graduate certificate in integrative nutrition and lifestyle medicine program takes an integrative medicine approach to healthcare with an emphasis on the role of diet and nutrition. Through integrated nutrition counseling, skills for which demand is rapidly increasing, graduates can help patients at any age improve their quality of life while empowering them to avoid or manage chronic diseases such as type 2 diabetes, obesity, and heart disease.

Visit the program website (https://integrativemedicine.smhs.gwu.edu/) for additional information.

ADMISSIONS

**Admission deadlines:**
- Fall - August 6
- Spring - December 6

**Standardized test scores:** Not required

**Recommendations required:** Two (2) recommendations

**Prior academic records:** Transcripts required from all colleges and universities attended, whether or not credit was earned, the program was completed, or the credit appears as transfer credit on another transcript. Transcripts must be forwarded in their original sealed envelopes.

If academic records are in a language other than English, a certified English language translation must be provided in addition to the original transcripts; translations alone will not be accepted.

Official transcripts from institutions outside the U.S. must be accompanied by an official transcript evaluation from an accredited independent evaluating agency. Please be sure you request a detailed evaluation that includes all course titles, credit hours, grades, U.S. degree equivalency, grade-point averages (GPA), and date of degree conferral. Please see the list of acceptable foreign credential evaluation services (https://www.naces.org/members/).

**Additional requirements:**
- 3 credit hours of Biochemistry and 3 credit hours of Anatomy or Anatomy / Physiology. A medical degree or graduate degree in one of the core discipline areas is preferred.

**Degree and GPA Requirements:**
- A bachelor’s degree with a 3.0 GPA or above on a 4.0 scale.

**International applicants only:**
- Academic IELTS: an overall band score of 7.0 with no individual band score below 6.0; or
- TOEFL: 600 on paper-based or 100 on Internet-based; or
- Academic PTE: 68

Supporting documents not submitted online should be mailed to:

Health Sciences Office of Online Admissions
851 Trafalgar Court
Suite 420 West
Maitland, FL 3275

Alternatively, official electronic transcripts can be sent to acsonline@gwu.edu.

Contact for questions:
hsphora@gwu.edu
202-994-0384 (phone)
202-994-0870 (fax)
Hours: 9 am to 5 pm, Monday through Friday

REQUIREMENTS

The following requirements must be fulfilled: 15 credits in required courses.

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
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<tbody>
<tr>
<td>INTM 6101</td>
<td>Nutrition I: Assessment, Diagnosis, and Intervention</td>
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<tr>
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<td>INTM 6102</td>
<td>Nutrition II: Life Cycle</td>
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<td>INTM 6105</td>
<td>Advanced Nutrition: Biochemistry</td>
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<td>INTM 6111</td>
<td>Topics in Nutrition</td>
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<td>INTM 6200</td>
<td>Foundations of Integrative Medicine Research</td>
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<tr>
<td>INTM 6201</td>
<td>Foundations in Integrative Medicine</td>
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