

# MINOR IN NUTRITION SCIENCE

## OVERVIEW

The School of Public Health offers a minor in nutrition science through the Department of Exercise and Nutrition Sciences. Students completing the 18-credit minor will possess knowledge and skills in nutrient function and metabolism, dietary sources of nutrients, and the role of nutrients throughout the lifecycle.

## REQUIREMENTS

Program Director: A. Sylvetsky

The following requirements must be fulfilled: 18 credits, including 9 credits in required courses and 9 credits in elective courses.

Code	Title	Credits
<b>Required (9 credits)</b>		
EXNS 2119	Introduction to Nutrition Science	
EXNS 2122	Food Systems in Public Health *	
or		
EXNS 3199	Advanced Topics in Exercise and Nutrition Sciences (International Nutrition topic only) *	
or		
EXNS 4199	Advanced Topics in Exercise and Nutrition Sciences (Metabolism in Exercise and Nutrition Science topic only) *	
EXNS 2124	Lifecycle Nutrition	
<b>Electives (9 credits)</b>		
Three courses selected from the following, at least two of which must be at the 2000 level or above:		
EXNS 1114	Community Nutrition	
EXNS 1118	Sport and Nutrition	
EXNS 2120	Assessment of Nutritional Status	
EXNS 2122	Food Systems in Public Health *	
EXNS 2123	Nutrition and Chronic Disease	
EXNS 3111W	Exercise and Nutrition Sciences Research Methods	

EXNS 3199      Advanced Topics in Exercise and Nutrition Sciences (topic International Nutrition only) \*

EXNS 4199      Advanced Topics in Exercise and Nutrition Sciences (topic Metabolism in Exercise and Nutrition Science only) \*

GEOG 2133      People, Land, and Food

\*EXNS 2122, EXNS 3199, and EXNS 4199 cannot be double-counted as both a required and an elective course. EXNS 3199 and EXNS 4199 count as a required or elective course only when taken in the topics indicated.

Students enrolled in the BS in nutrition science degree program are not eligible to declare this minor.