

MINOR IN EXERCISE SCIENCE

REQUIREMENTS

The following requirements must be fulfilled: 13 credits in required courses plus two elective courses to total 18 to 21 credits.

Code	Title	Credits
Required (13 credits)		
EXNS 1103	Professional Foundations in Exercise Science	
EXNS 1110	Applied Anatomy and Physiology I	
EXNS 1111	Applied Anatomy and Physiology II	
EXNS 2111	Exercise Physiology I	
Electives		
Two courses from the following (minimum 5 credits):		
EXNS 1118	Sport and Nutrition	
EXNS 2110	Injury Prevention and Control	
EXNS 2112	Exercise Physiology II	
EXNS 2113	Kinesiology	
EXNS 2116	Exercise and Health Psychology	
EXNS 2119	Introduction to Nutrition Science	
EXNS 3110	Field Experience - Exercise and Nutrition Sciences	

Note: Students in the BS in exercise science program (all tracks) are not eligible to declare a minor in exercise science.