

MINOR IN NUTRITION

The School of Public Health offers a minor in nutrition science through the Department of Exercise and Nutrition Sciences. Students completing the 18-credit minor gather knowledge and skills in nutrient function and metabolism, dietary sources of nutrients, and the role of nutrients throughout the lifecycle.

ADMISSIONS

Information on the admission process is available on the Office of Undergraduate Admissions website (<https://undergraduate.admissions.gwu.edu/>). Applications may be submitted via the Common Application (<https://go.gwu.edu/commonapp/>).

Supporting documents not submitted online should be mailed to:

Office of Undergraduate Admissions
The George Washington University
800 21st Street NW, Suite 100
Washington, DC 20052

Contact for questions:
gwadm@gwu.edu or 202-994-6040

REQUIREMENTS

The following requirements must be fulfilled: 18 credits, including 9 credits in required courses and 9 credits in selective courses.

Code	Title	Credits
Required		
EXNS 2119	Introduction to Nutrition Science	
EXNS 2122	Food Systems in Public Health ^{1,2}	
or EXNS 2126W	International Nutrition	
or EXNS 4199	Advanced Topics in Exercise and Nutrition Sciences	
EXNS 2124	Lifecycle Nutrition	
Selectives		
9 credits in courses selected from the following:		
EXNS 1114	Community Nutrition	
EXNS 2118	Sport and Nutrition	
EXNS 2120	Assessment of Nutritional Status	
EXNS 2122	Food Systems in Public Health ¹	
EXNS 2123	Nutrition and Chronic Disease	
EXNS 2126W	International Nutrition ¹	

EXNS 2127	Introduction to Food Policy
EXNS 3111W	Exercise and Nutrition Sciences Research Methods
EXNS 3120	Experiences in Community Nutrition
EXNS 4199	Advanced Topics in Exercise and Nutrition Sciences (ONLY: Metabolism in Exercise & Nutrition Sciences or Childhood Obesity Prevention) ^{1,2}
GEOG 2133	People, Land, and Food

¹EXNS 2122, EXNS 2126W, and EXNS 4199 cannot be double counted as both a required course and a selective course.

²For EXNS 4199, only the topics Metabolism in Exercise and Nutrition Sciences, and Childhood Obesity Prevention, can be counted. Other topics offered under EXNS 4199 do not meet this requirement.