EXERCISE AND NUTRITION SCIENCES

The Department of Exercise and Nutrition Sciences, housed within the only school of public health in the nation's capital, offers programs that integrate the complementary disciplines of nutrition and exercise sciences. The curriculum spans undergraduate through doctoral programming and provides students with the opportunity to learn the science of how physical activity and nutrition affect the health and function of individuals, communities, and the greater society. Students within the department engage in research and applied learning experiences in settings as diverse as the National Institutes of Health, U.S. Department of Agriculture, Pentagon, professional sports teams, and local and national nonprofit organizations.

UNDERGRADUATE

Bachelor's programs

- Bachelor of Science with a major in exercise science (http://bulletin.gwu.edu/public-health/exercise-science/bs/)
- Bachelor of Science with a major in exercise science, pre-athletic training/sports medicine concentration (http://bulletin.gwu.edu/public-health/exercise-science/bs/pre-athletic-training/)
- Bachelor of Science with a major in exercise science, pre-medical professional concentration (http://bulletin.gwu.edu/public-health/exercise-science/bs/pre-medical/)
- Bachelor of Science with a major in exercise science, pre-physical therapy concentration (http://bulletin.gwu.edu/public-health/exercise-science/bs/pre-physical-therapy/)
- Bachelor of Science with a major in nutrition science (http://bulletin.gwu.edu/public-health/nutrition-science/)
- Bachelor of Science with a major in nutrition science, pre-medical professions concentration (http://bulletin.gwu.edu/public-health/nutrition-science/pre-medical-professionals-concentration/)

Combined programs

- Dual Bachelor of Science in nutrition science and Master of Public Health (http://bulletin.gwu.edu/public-health/exercise-science/dual-bs-nutrition-science-mph/)
- Dual Bachelor of Science in nutrition science and Master of Public Health in public health nutrition (http://bulletin.gwu.edu/public-health/exercise-science/dual-bs-nutrition-science-mph-public-health-nutrition/)

Minors

- Minor in exercise science (http://bulletin.gwu.edu/public-health/exercise-science/minor/)
- Minor in nutrition (http://bulletin.gwu.edu/public-health/nutrition-minor/)