

GRADUATE CERTIFICATE IN INTEGRATIVE NUTRITION AND LIFESTYLE MEDICINE

The graduate certificate in integrative nutrition and lifestyle medicine program takes an integrative medicine approach to healthcare with an emphasis on the role of diet and nutrition. Through integrated nutrition counseling, skills for which demand is rapidly increasing, graduates can help patients at any age improve their quality of life while empowering them to avoid or manage chronic diseases such as type 2 diabetes, obesity, and heart disease.

Visit the program website (<https://smhs.gwu.edu/bulletin/smhs/certificate/integrative-nutrition-lifestyle-medicine/>) for additional information.

ADMISSIONS

Admission deadlines: Fall - July 20

Spring - December 1

The application and all supporting documentation (fees, statement of purpose, letters of recommendation, transcripts) must be received by the deadline in order for the application to be reviewed.

Standardized test scores: Not required

Recommendations: Two (2) letters of recommendation.

required: Recommendations should be from an academic instructor who can strongly attest to your academic ability and/or someone who has served in a supervisory capacity for you and can strongly attest to your work ethic. Recommendations from family and friends are not accepted.

Prior academic records: Official transcripts are required from all colleges and universities attended (including via dual enrollment), whether or not credit was earned, the program was completed, or the credit appears as transfer credit on another transcript. Official transcripts must be forwarded in their original sealed envelopes or sent electronically directly from the institution.

If academic records are in a language other than English, a certified English language translation must be provided in addition to the original transcripts; translations alone will not be accepted.

Official transcripts from institutions outside the U.S. must be accompanied by an official transcript evaluation from an accredited independent evaluating agency. Please be sure you request a detailed evaluation that includes all course titles, credit hours, grades, U.S. degree equivalency, grade-point averages (GPA), and date of degree conferral. Please see the list of acceptable foreign credential evaluation services (<https://www.naces.org/members>).

Statement of purpose: In an essay of approximately 250-500 words, describe your interest in undertaking study at The George Washington University. What are some of your academic objectives or career goals? Please highlight any of your related qualifications and achievements-- including academic, community, professional, or extra-curricular activities relevant to your program of interest. Include any substantial accomplishments not already mentioned within the application.

Prerequisites: 3 credit hours of Biochemistry and 3 credit hours of Anatomy or Anatomy / Physiology.

Degree and GPA Requirements: Bachelor's degree from a regionally-accredited institution

Cumulative GPA of 3.0 or above on a 4.0 scale

A medical degree or graduate degree in one of the core discipline areas is preferred.

Additional Requirement: Resume is required.

International Students: International students should check with individual programs regarding eligibility for visa sponsorship. Generally, online and hybrid programs are not eligible for student visa sponsorship from GW. This would include transfer students from any other institution with an existing visa.

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Applicants who are not U.S. citizens are required to submit official test scores for either Test of English as a Foreign Language (TOEFL) or#Pearsons#Test of English (PTE), Academic the academic International English Language Testing System (IELTS) or the Duolingo English Test (DET). The following are the minimum scores for admission consideration:#TOEFL: 600 on paper based, 250 on computer-based, or 100 Internet-based, PTE: overall score of 68, IELTS: an overall band score of 7.0, with no individual band score below 6.0, or DET overall score of 120. *Scores can be no older than 2 years.

International applicants who meet the following conditions may be considered for admission without submitting TOEFL, PTE or IELTS or DET scores: #They are a citizen of countries where English is the official language (as identified by GW ISO list of Exempt countries) OR; They hold at least a #bachelor#degree from a country where English is the official language as well as language of instruction OR; They hold at least a #bachelor#degree from an institution accredited by a U.S. regional accrediting agency.

Supporting documents not submitted online should be mailed to:

George Washington University

ATTN: Transcript Processing Center
1415 W 22nd St.
Suite 220
Oak Brook, IL 60523

Documents may be submitted electronically
to: transcripts@hsprograms.gwu.edu.

Contact for questions:

hsphora@gwu.edu
202-994-0384 (phone)
Hours: 9:00 am to 5:00 pm, Monday through Friday

REQUIREMENTS

The following requirements must be fulfilled: 15 credits in required courses.

Code	Title	Credits
Required Courses:		
INTM 6101	Nutrition I: Assessment, Diagnosis, and Intervention	
INTM 6102	Nutrition II: Life Cycle	
INTM 6105	Advanced Nutrition: Biochemistry	
INTM 6111	Topics in Nutrition	
INTM 6200	Foundations of Integrative Medicine Research	
INTM 6201	Foundations in Integrative Medicine	